



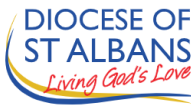
PSHE Focus on RSHE Progression Map

	Content/ Learning Objectives	Examples of Learning Activities
EYFS	<ul style="list-style-type: none">Seasons and changeLife stages in plants, animals and humansWhere do babies come from?Getting biggerMe and my bodyLooking after my special peopleLooking after my friends	<ul style="list-style-type: none">Role-play how you can help your special people at homeRead a book together about getting biggerUsing the pairs cards, match up the baby animal with its adult equivalentInvite a midwife in to talk about her jobDraw pictures of a friend. At the bottom of the picture write how they look after that friend or how their friend looks after them
1	Extending learning from Reception New content includes: <ul style="list-style-type: none">Our special peopleCaring behaviourRespecting othersSafe touchUnsafe secretsFriendshipCommunicationBullyingBoundariesPrivacy including naming genitalsFeelings	<ul style="list-style-type: none">Recognise and name some of the qualities that make a person special to themIdentify simple qualities of friendshipIdentify things they could do as a baby, a toddler and can do nowExplain the difference between appropriate and inappropriate touchIdentify who they can talk to if they feel uncomfortable about any secret they are told, or told to keepIdentify parts of the body that are private
2	Extending learning in Y1 New content includes: <ul style="list-style-type: none">How my behaviour (positive or negative) affects othersBecoming more independentKeeping themselves and others safeGrowing from young to old and how people's needs change	<ul style="list-style-type: none">Identify some of the ways that good friends care for each otherKnow and use words and phrases that show respect for other peopleExplain where someone could get help if they were being upset by someone else's behaviourIdentify situations in which they would need to say 'Yes', 'No', 'I'll ask', or 'I'll tell', in relation to keeping themselves and others safe.Identify the types of touch they like and do not likeExplain that our genitals help us make babies when we are older
3	Extending learning in Y2 New content to include: <ul style="list-style-type: none">Change including bereavementImages in the mediaProtecting personal information onlineDifferent types of relationshipsHealthy and unhealthy relationships (friendships)Discrimination and its consequencesUnderstanding riskMaking informed choicesResisting pressureMenstruation	<ul style="list-style-type: none">Explain some of the feelings someone might have when they lose something important to themRecognise and describe appropriate behaviour online as well as offlineIdentify when it is appropriate or inappropriate to allow someone into their body spaceRecognise who they have positive healthy relationships withRecognise that repeated name calling is a form of bullyingUnderstand that for girls, periods are a normal part of puberty



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4	<p>Extending learning in Y3</p> <p>New content to include:</p> <ul style="list-style-type: none">• Body changes in puberty• Conflicting emotions• Good and not so good feelings• Marriage and other relationships• Consequences of our actions• Recognise and challenge stereotypes• Pressures to behave in an unacceptable, unhealthy or risky way	<ul style="list-style-type: none">• Understand and explain why puberty happens• Suggest reasons why young people sometimes fall out with their parents• Discuss the reasons why a person would want to be married, or live together, or have a civil ceremony• Define what is meant by 'being responsible '• Understand and identify stereotypes, including those promoted in the media• Understand that we can be influenced both positively and negatively
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